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2019년 8월 교육학석사(기계·금속)학위논문

# Microfluidics for Rheological Study

조선대학교 교육대학원

기계·금속교육전공

정지운



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혈유변학 연구를 위한 미세유체역학

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지도교수 강양준

이 논문을 교육학석사(기계·금속)학위 청구논문으로 제출함.

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조선대학교 교육대학원

기계·금속교육전공

정지운



### 정지운의 교육학 석사학위 논문을 인준함.

심사위원장 조선대학교 교수 장 완 식 인 심사위원 조선대학교 교수 박 정 수 인 심사위원 조선대학교 교수 강 양 준 인

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조선대학교 교육대학원





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#### 국문 초록

#### 혈유변학 연구를 위한 미세유체역학

정 지 운 지도교수: 강 양 준 기계·금속교육전공 조선대학교 교육대학원

심혈관질환(CVDs)은 선진국의 주요 사망원인이며 미국 전체 사망자의 31.3%~ 32.8% 를 차지한다. 심혈관질환과 혈액 생물 물리학적 성질(즉. 적혈구 침강속도 [ESR], 헤마토크릿 및 점도) 사이의 밀접한 관계가 보고되었기 때문에 혈액 생물 물리학적 특성이 심혈관질환을 모니터하기 위해 주의를 끌고 있다. 심혈관질환은 혈장 단백질의 농도를 급격히 증가시킨다. 그러면 ESR이 크게 향상된다. 따라서 혈액의 생물리학적 특성 (즉, RBC 변형성 및 ESR)에 대한 혈장 및 적혈구의 개별 효과를 조사할 필요가 있다. 즉, RBC 및 혈장의 변화는 RBC 변형성과 ESR을 동 시에 측정하여 효과적으로 관찰할 수 있다. 본 연구에서는 ACS에서 부유 혈액의 부피를 정량화함으로써 ESR 및 RBC 변형성을 순차적으로 측정하는 간단한 방법 을 보여준다. 제안된 방법을 입증하기 위해 마이크로유체장치는 다중 마이크로 기 둥 채널, 입구 및 출구로 구성된다. ACS는 일회용 주사기와 고정품으로 구성된다. ACS는 부분적으로 공기(~0.4mL)와 혈액(~0.6mL)으로 넣고 스토퍼로 콘센트를 닫음으로써 ACS의 바늘이 입구에 단단히 고정된다. 조명기를 사용하여 공기 압축 의 볼륨이 V<sub>comp</sub>의 특정 값으로 조정되고 스마트폰 카메라를 사용하여 스냅 샷 이 미지를 순차적으로 캡처하여 ACS 내부의 정지된 혈액의 양(즉, V<sub>susp</sub>)을 관찰한다. 콘센트가 닫히면  $V_{susp}$ 가  $V_{susp}$ =0.2mL가 될 때까지  $V_{susp}$ 의 변화가 얻어진다. ESR 지수 (즉,  $V_{ESR}$ )는  $V_{susp}$ 의 시간 변화를 정량화함으로써 얻어진다. 한편, 콘센트를 개방 시,  $V_{susp}$ 가  $V_{susp}$ =0으로 감소될 때까지  $V_{susp}$ 의 변화가 얻어지고 시간에 따른





 $V_{susp}$ 의 변화를 분석하여 RBC deformability index  $(V_{DI})$ 를 얻었다. 실험 시연에서 첫째,  $V_{DI}$ 에 대한 기둥 채널 길이 (L)의 효과는 L=50, 150 및 250 $\mu$ m를 변화시켜 정량화되었다. L=150 $\mu$ m 이상에서는  $V_{DI}$ 가 유의한 차이를 보이지 않았고 이에 따라서 기둥 채널의 길이는 모든 실험을 통해 L=150 $\mu$ m로 고정하게 되었다.

둘째, V<sub>ESR</sub> 및 V<sub>DI</sub>에 대한 공기압축의 효과는 공기압축체적 (V<sub>comp</sub>) (V<sub>comp</sub>=0.2, 0.3 및 0.4mL)을 변화시킴으로써 정량화되었다. V<sub>comp</sub>는 VDI의 변화에 크게 기여했다. 그러나 ESR 지수를 변경시키지는 않았다. 따라서 공기압축의 부피 (V<sub>comp</sub>)는 모든 실험을 통해 V<sub>comp</sub>=0.4 mL로 고정되었다. 세 번째로, V<sub>ESR</sub>과 V<sub>DI</sub>의 적혈구 용적률의 영향은 적혈구 용적률 (Hct) (Hct=20%, 30%, 40%, 50%)을 변화시켜 평가 하였다. 헤마토크릿이 높을수록 ESR 및 RBC 변형 측정시간이 많이 증가하였다. 넷째, 제안된 방법은 Dextran을 포함한 혈액에 대한 V<sub>ESR</sub>과 V<sub>DI</sub>를 측정하기위해 사용된다. Dextran 용액은 ESR의 경과 시간을 많이 감소시키는데 기여한다. 그러나 그것은 RBC 변형성의 경과 시간에는 영향을 미치지 않았다. 마침내 제안된 방법은 이종 혈액을 검출하는데 사용된다. 2개의 지표 (즉, V<sub>ESR</sub> 및 V<sub>DI</sub>)는 φ=10%보다 상당히 가변적이다. 그 결과로부터 제안된 방법은 적어도 10%의 경화된 혈액으로 이종 혈액을 검출할 수 있다는 결론을 이끌어 낸다. 또한 ESR 및 RBC 변형성을 효과적으로 정량화하기 위해 두 개의 지표 (즉, V<sub>ESR</sub> 및 V<sub>DI</sub>)가 사용된다.

키워드: RBC 변형성; 적혈구 침강 속도(ESR); 미세유체시스템; 스마트폰 카메라; 공기 압축주사기(ACS)





#### I. Introduction

Cardiovascular diseases (CVDs) are the leading causes of death in advances countries, and account for 31.3% ~ 32.8% of all deaths in United The CVDs, including coronary heart diseases, atherosclerosis, myocardial infarction, occurs suddenly without symptoms or warmings. Because vascular blockage or blood clotting interrupts blood flows in microcirculation, the CVDs contribute to serious complications or unexpected deaths (2). However, biochemical properties of blood, including biomarker, cholesterol, and glucose, still include clinical issues on early detection of CVDs (3). Since the strong relationship between CVDs and blood biophysical properties (i.e., erythrocyte sedimentation rate [ESR], hematocrit, and viscosity) was reported, blood biophysical properties are paid attention to monitor CVDs (4,5).

Microcirculation is the circulation of blood through the smallest blood vessels, including capillary networks, arterioles, and venules<sup>(6)</sup>. It plays a vital role in regulating blood flows in organs, and exchanging substances between blood and peripheral tissues. Because microcirculatory disorders lead to mortality, it is required to understand how blood properties and blood flows have an influence on exchange in the microcirculation<sup>(6)</sup>.

Blood is a concentrated suspension of formed elements (red blood cells [RBCs], white blood cells, and platelets) and blood plasma. Under physiological condition, RBCs occupy 40%-50% of blood volume (i.e., hematocrit [Hct]=40%-50%). White blood cells and platelets occupy  $\sim 1/600$ 





of blood volume, and ~1/800 of blood volume, respectively<sup>(6)</sup>. Due to high abundance of RBCs in blood, biophysical properties of blood are dominantly determined by those of the RBCs<sup>(7)</sup>. Thus, blood biophysical researches focus RBCs-related properties, including hematocrit, on viscoelasticity, RBC deformability, and RBC aggregation<sup>(8)</sup>. Due to its high deformability under blood flow, individual RBC has ability to easily pass through micro-size capillary vessels. Here, RBC deformability is determined bу several factors, including membrane cytoskeleton, significantly cytoplasmic viscosity, and surface area/volume ratio<sup>(9)</sup>. Hematologic disorders, including malaria-infected RBCs, sepsis, and diabetes, cause to deformability (9,11-26) is deformability largely<sup>(10)</sup>. RBC RBC decrease considered as contributing factor to blood viscosity (14,27-29), and RBCs aggregation (30-37). On the other hand, the ESR is observed with naked eye by quantifying interface between cells and plasma in the Westergren sedimentation tube (inner diameter=2.5mm, length=200mm, and blood volume=5mL) in 1h<sup>(38)</sup>. Because it is simple and inexpensive test, the ESR still provides useful index of non-specific disease activity in clinical settings<sup>(38)</sup>. The kinetics of ESR consists of three different phases, and follows an S-shaped curve with an elapse of time (39). Because blood flow is extremely low in the Westergren sedimentation tube, RBC aggregates and forms rouleaux. Thus, RBC aggregation accelerates ESR over time. The ESR is varied by several factors, including hematocrit, plasma protein level, and surface property of RBCs. Inflammatory diseases cause to increase the concentration of acute-phase plasma proteins. The ESR is then enhanced





significantly<sup>(37)</sup>. Thus, it is required to investigate the individual effect of plasma and RBCs on the biophysical properties of blood (i.e., RBC deformability and ESR). In other words, change in RBCs and plasma can be effectively monitored by measuring RBC deformability and ESR simultaneously.

Conventional method for measuring ESR and RBC deformability includes several disadvantages. The conventional Westergren ESR method shows several drawbacks, including long time measurement (~1h), bulk-sized instrument, and repetitive cleaning procedure. The conventional RBC deformability methods, such as a membrane filter<sup>(40)</sup> and a laser diffractometry<sup>(41)</sup> have several disadvantages. Large variations in the pore size of membrane filter cause to deteriorate repetitive performance. Because the laser diffractometry measure averaged deformability of RBCs by quantifying diffraction image of blood flow, it is not effective to discriminate minor difference in subpopulations of RBCs. The microfluidic platform can provide several advantages, including small volume consumption, disposability, and consistent performance.

Several methods such as electric impedance, microscopic image, and photometric method have been suggested to quantify ESR. First, electric impedances (i.e., resistance, capacitance, and conductivity) have been employed to monitor ESR inside plastic tube<sup>(42,43)</sup> or PDMS chamber<sup>(44)</sup>. Second, while turning upside down driving syringe in gravitational direction<sup>(45)</sup>, blood is supplied from the top layer of the syringe into microfluidic device. The ESR is then monitored by quantifying image





intensity of continuous blood flow in microfluidic channel. To simultaneously measure RBC aggregation and ESR in a twin channel, blood is supplied from button layer of the upright driving syringe into a microfluidic device by turning off syringe pump periodically. The ESR and RBC aggregation are measured periodically by quantifying cell-to-liquid interface in counter-fluid channel and image intensity of blood flow in blood channel, respectively<sup>(46)</sup>. To remove a highly expensive and bulky syringe pump, a disposable air-suction pump and a pinch valve are suggested to delivery and stop blood from a conical pipette tip to a microfluidic device<sup>(47)</sup>. To measure multiple values of ESR in single experiment, blood is supplied from the conical pipette tip into parallel microfluidic channels (i.e., n=4) by turning on and off syringe pump periodically<sup>(33)</sup>. Four values of ESR are obtained periodically by analyzing image intensity of blood. While setting microfluidic channel vertically in gravitational.

direction, ESR is then obtained by measuring setting velocity of RBCs in microfluidic channel<sup>(48)</sup>. Third, after disposable cartridge is filled with bloods, RBCs aggregate or disaggregates by turning on or off a solenoid pinch valve. An infrared emitting diode is used to illuminate bloods filled in the cartridge. The transmitted light through the cartridge is measured by using a photodetector. ESR is then obtained by quantifying the temporal variations of transmitted signals<sup>(49)</sup>.

Under microfluidic platform, several methods such as cell blockage, cell aspiration, cell transit, and electric impedance are suggested to measure deformability of individual RBCs. First, clogging in single constriction





channel (50), capillary network and gradual filter with variable pores is employed to quantify deformability of malaria-infected RBCs (50), hardened RBCs<sup>(51,52)</sup>, and circulating leukocytes (i.e., THP-1, and ARDS)<sup>(52)</sup>. Minimum cylinder diameter of cells trapped in the parallel taper channels is calculated to discriminate difference in deformability of normal RBCs and malaria-infected RBCs<sup>(13)</sup>. Second, to detect lung tumor or malaria-infected RBCs, Young's modulus or cortical tension is quantified by suctioning single cell into single constriction or multiple funnel channels that the channels that the channels that the constriction or multiple funnel channels that the channels the channels that the channels supplying single cells into capillary networks or parallel micro constrictions (56), transit time of each cell is employed to detect sepsis or leukostasis. While delivering individual RBCs into triangular-shaped pillar channels, RBC velocity is quantified to detect malaria-infected RBCs. Single cell-based deformability give high sensitivity, throughput remains as critical issue. To improve throughput, blood (Hct=50%) is supplied into multiple pillar channel by using syringe pump. Deformability of RBCs is quantified by analyzing averaged blood velocity obtained from the micro-particle image velocimetry (PIV) technique. Furthermore, disposable air-compressed pump is employed to supply bloods into multiple pillar channels. Without operating syringe pump and conducting micro-PIV technique, RBCs deformability is obtained by analyzing cell-to-liquid interface as pressure sensor. At last, while supplying individual RBCs into constriction channel, RBC deformability is obtained by analyzing variations of electric impedance (i.e., magnitude, and phase) over time (57,58). Most previous methods did not have the ability to measure ESR and RBCs





deformability simultaneously. In addition, bulk-sized facilities including syringe pump, microscope, and high-speed camera, are required essentially to delivery blood or capture microscopic images of blood flows. Due to the facilities, most methods are demonstrated appropriately in laboratory environment, rather than in resource-limited environment. To resolve these issues, a new method should be devised for blood delivery, and image acquisition. In addition, ESR and RBC aggregation should be measured to investigate the individual effect of RBCs and plasma in a biomechanical point of view.

In this study, a simple method for sequential measurement of ESR and RBC deformability is proposed by quantifying the volume of suspended blood in an air-compressed syringe(ACS). To demonstrate the proposed method, a microfluidic device is composed of multiple micropillar channel, inlet, and outlet. The ACS is composed of a disposable syringe and a fixture. The disposable syringe is partially filled with air ( $\sim 0.4$ mL), and blood ( $\sim 0.6$ mL). By closing the outlet with a stopper, the disposable syringe is tightly fitted into the inlet. To increase pressure inside the syringe, cavity volume decreases to 0.4mL by moving plunger forward, and fastening it with a fixture component. Using smartphone camera, snapshot images are sequentially captured to monitor the volume of suspended blood inside the syringe (i.e.,  $V_{susp}$ ). ESR index ( $V_{ESR}$ ) is obtained by quantifying the variations of  $V_{susp}$  over time. After the Vsusp is decreased to a specific value of  $V_{susp}$ =0.2mL, the stopper is removed immediately. Due to pressure developed inside the syringe, blood flows in the parallel micropillar





channels continuously. The Vsusp is varied by deformability of RBCs. Thus, RBC deformability index  $(V_{DI})$  is similarly obtained by analyzing variations of Vsusp over time.

When compared with the previous methods, the proposed methods give distinctive two advantages. First, the proposed methods does not require bulky and expensive facilities, including, microscope, high-speed camera, and syringe pump. Due to the merit, the method promises high potentials for resource-limited settings. Second, the method has the ability to measure ESR and RBC deformability by analyzing the volume of suspended blood inside a syringe simultaneously.

As a performance demonstration, first, the changes in two indices (i.e.,  $V_{ESR}$  and  $V_{DI}$ ) are quantified by varying several factors (i.e. pillar-channel length, air-compression volume, and blood hematocrit [Hct]). Second, to stimulate ESR of blood, blood samples are prepared by adding normal RBCs into various concentrations of dextran solution. Using the proposed method, the variations of  $V_{ESR}$  and  $V_{DI}$  are obtained with respect to concentrations of dextran solution. At last, the proposed method is employed to detect variations of  $V_{ESR}$  and  $V_{DI}$  with respect to heterogeneous bloods. Here, heterogeneous bloods are prepared by mixing normal bloods with hardened bloods partially.





#### II. Materials and methods

#### A. Blood sample preparation

In accordance with the ethics committee of Chosun University Hospital (CUH), all the experiments were performed by ensuring that the procedures were appropriate and humane. Concentrated RBCs and fresh freeze plasma (FFP) were purchased from the Gwangju-Chonnam blood bank (Gwangju, Korea), and were stored at 4°C and -20°C, respectively. Blood was prepared by adding concentrated RBCs into PBS (Phosphate-Buffered Saline) solution (1×, pH 7.4, Gibco, Life Technologies, Korea). Using a centrifugal separator, pure RBCs were collected by removing a buffy layer and PBS. The washing procedure was conducted twice for all blood samples. After the FFP thawed in room temperature, a syringe filter of mesh size=5µm (Minisart, Sartorius, Germany) was applied to remove debris included in plasma. Several suspended bloods were prepared by adding normal RBCs into base solutions (i.e., PBS [Phosphate-buffered saline], and autologous plasma).

First, to evaluate the effect of the haematocrit on ESR and RBC deformability, hematocrit (Hct) of blood was adjusted to Hct=20%, 30%, 40%, and 50% by adding normal RBCs into a specific concentration of dextran solution (15mg/mL). Second, to stimulate ESR of blood, five different concentrations of dextran solution (C<sub>dextran</sub>=5, 10, 15, 20, and 25mg/mL) were diluted by mixing dextran (*Leuconostoc* spp., MW=450-650 kDa, Sigma-Aldrich, USA) with PBS. Subsequently, bloods (Hct=30%) were prepared by adding normal RBCs to specific concentrations of dextran solution. As control, normal blood (Hct=30%) was prepared by adding





normal RBCs into plasma. Third, to vary deformability of RBCs, four different concentrations of glutaraldehyde (GA) solution ( $C_{GA}$ =2, 4, 6, and  $8\mu L/mL$ ) were diluted by mixing GA solution (Grade II, 25% in H<sub>2</sub>0, Sigma-Aldrich, U.S.A.) into PBS. Hardened RBCs were prepared by exposing normal RBCs into each concentration of GA solution for 10min. Hardened bloods (Hct=30%) were then prepared by adding hardened RBCs into PBS (i.e.,  $V_{GA}$ ). To reduce experimental time of ESR, normal blood (Hct=30%) was prepared by adding normal RBCs into the specific concentration of dextran solution (15mg/mL) (i.e.,  $V_{dex}$ ). The heterogeneous bloods were prepared by mixing hardened blood with normal blood partially. A mixing ratio ( $\phi$ ) was defined as  $\phi = \frac{V_{GA}}{V_{GA} + V_{dex}}$ . To quantify the effect of  $\phi$  on the  $V_{ESR}$  and  $V_{DI}$ , the  $\phi$  was prepared as  $\phi$ =0, 5%, and 10%. Here,  $\phi$ =0 indicated that blood did not include hardened blood.

## B. Fabrication of a microfluidic device and experimental procedure

A microfluidic device for sequentially measuring ESR and RBC deformability consisted of inlet, outlet, and micropillar channel as shown in Fig. 1-1. The straight channel (width=250μm) was connected to the micropillar channels from inlet and outlet. As shown in Fig. 1-1, the micropillar channel composed of multiple narrow-sized channels (N=43, gap=4 μm, and channel length [L]=50, 150, and 250μm). The channel depth of the microfluidic device was fixed at 10μm. A conventional microelectromechanical—system fabrication technique such as photolithography, and deep RIE (reactive iron etching) was employed to fabricate a





silicon-master mold. Polydimethyl siloxane (PDMS) (Sylgard 184, Dow Corning, Midland, MI, USA) was mixed with a curing agent at a ratio of 10:1. The PDMS mixture was poured on the mold. Air bubbles in PDMS were removed completely by operating a vacuum pump for 1 h. After curing the PDMS mixture in a convective oven at 70°C for 1h, a PDMS block was peeled off from the mold, and was cut with a razor blade. Inlet and outlet were punched with a biopsy punch (outer diameter=1.0mm). After surfaces of the PDMS block and a slide glass were treated with oxygen plasma system (CUTE-MPR, Femto Science Co., and South Korea), a microfluidic device was finally prepared by bonding the PDMS block on the slide glass.

As shown in Fig. 1-1, to remove bulk-size syringe pump, an aircompressed syringe (ACS) partially filled with air and blood was prepared by assembling a disposable syringe (~1mL) and a fixture. As shown in Fig. S1 (Supplementary Materials), the dimensions of the fixture determined to fix the plunger in the syringe securely. The fixture was then fabricated by using a 3D printer (Ultimaker 2+, Ultimaker B.V., and Netherlands). Due to air compression inside the syringe, blood inside the syringe was supplied into the microfluidic device. Here, to stop or run blood flows in the microfluidic channel, a stopper was tightly fitted into the outlet or removed from the outlet. As shown in Fig. S2 (Supplementary Materials), the stopper was fabricated by using the 3D printer.

To remove air bubble in the channels and avoid non-specific binding of plasma proteins to the inner surface of the channels, the channel was filled with BSA (Bovine Serum Albumin) solution ( $C_{BSA}=2mg/mL$ ) through the outlet with a disposable syringe. After an elapse of 5 min, after a stopper was tightly fitted into the outlet, the needle of the ACS was inserted into



the inlet. After the volume of suspended blood inside the ACS (i.e.,  $V_{\text{susp}}$ ) reduced to a specific value of  $V_{\text{susp}}$ =0.2mL, blood was supplied into the microfluidic channel from the ACS.

As shown in Fig. 1-1, a smartphone camera (Galaxy A5, Samsung, Korea) was employed to capture the snapshot images on the ACS over time. Snapshot images were sequentially captured at an interval of 5s, for a specific duration of time. Variations of  $V_{\text{susp}}$  was quantified by inspecting interfacial location between RBC-depleted layer and RBC-rich layer, for individual image captured at a specific time. All experiments were conducted at a room temperature of 25°C.

Figure 1-1. A proposed method for simultaneous measurement of ESR and RBC deformability. A schematic diagram of the proposed method, including air-compressed syringe (ACS), a microfluidic device, and a smartphone camera. The ACS was inserted into inlet port of the microfluidic device.

- A microfluidic device was composed of one inlet, one outlet, and micro

   pillar channel. Blood flow was stopped by inserting into the outlet with
   a stopper. After an elapse of certain time, blood was flowed continuously by removing the stopper.
- · Multiple micropillar channels (N=43, Gap=4µm, and depth=10µm)
- The ACS was composed of a disposable syringe (~1mL), and a fixture.
- A smartphone camera was employed to capture interfacial location between cell-free layer and cell-rich layer inside the syringe at an interval of 5s.





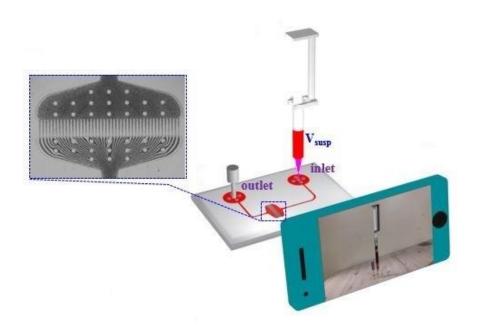


Figure 1-1 Simultaneous measurement of ESR and RBC

#### C. Operation of the ACS

As shown in Fig. 1-2, the ACS was suggested for delivering bloods into a microfluidic device. The operation of the ACS was divided into five stages. First, air ( $\sim 0.4$ mL) was secured by moving plunger backward. Second, blood ( $\sim 0.6$ mL) was suctioned by moving plunger backward. Third, to close the outlet of the microfluidic device, the stopper was tightly fitted into the outlet. Fourth, by securing the end of the plunger and syringe with the fixture, air cavity inside the syringe was adjusted to a specific value of  $V_{comp}=0.4$ mL. At last, using a stopwatch, the variations of  $V_{susp}$  in the syringe were monitored over time. Until  $V_{susp}$  decreased to 0.2mL, the outlet remained closed. Here, to easily monitor the variations of  $V_{susp}$ , snapshot images with an ACS and a stopwatch were captured sequentially





by using a smartphone camera. On the other hand, by removing the stopper from the outlet, snapshot images were captured sequentially by using the smartphone.

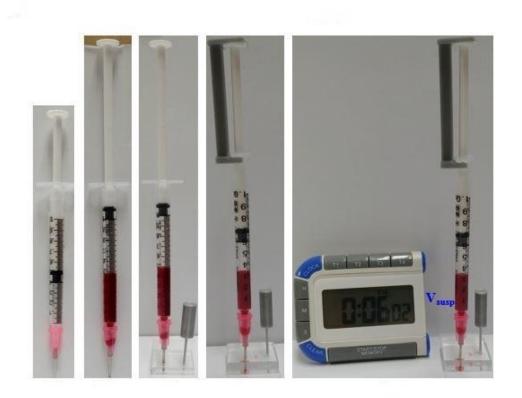


Figure 1-2 The operation of the ACS

#### D. Quantification of ESR and RBC deformability

As a preliminary study, suspended blood (Hct=30%) was prepared by adding normal RBCs to a specific concentration of the dextran solution (i.e.,  $C_{dex}=15 \text{mg/mL}$ ). The ACS was filled with the suspended blood. Figure 1-3 showed snapshot images captured at a specific time(t) at the close of outlet (t=198, 347, 402, 455, 533, and 582s). With an elapse of time, ESR caused





to decrease  $V_{susp}$ . On the other hand, by removing the stopper from the outlet, blood was supplied into the microfluidic device from the ACS. **Figure 1-3** illustrated snapshot images captured at a specific time(t) at the open of outlet (t=589, 615, 662, 749, 962, and 1145s). The  $V_{susp}$  was decreased gradually over time. As shown in **Fig. 1-4**, by inspecting interfacial location inside the ACS, variations of  $V_{susp}$  were obtained over time. To quantify ESR and RBC deformability, two indices were suggested as  $V_{ESR}$  for ESR and  $V_{DI}$  for RBC deformability, respectively.

First, at the close of outlet, the variations of  $V_{susp}$  were monitored continuously until the  $V_{susp}$  decreased to 0.2mL. ESR index (i.e.,  $V_{ESR}$ ) was quantified by integrating the variation of  $V_{susp}$  for a specific duration of  $t=t_1$  (i.e.,  $V_{ESR} = \int_0^{t_1} V_{susp} dt$ ). Here,  $t=t_1$  indicated the specific time when the  $V_{susp}$  equaled to 0.2mL. Second, after removing the stopper, the variations of  $V_{susp}$  were monitored continuously until the  $V_{susp}$  decreased to zero value. Here,  $t=t_2$  indicated the specific time when the  $V_{susp}$  equaled to zero. Based on similar approach of the ESR index, RBC deformability index (i.e.,  $V_{DI}$ ) was quantified by integrating the variation of  $V_{susp}$  from  $t=t_1$  to  $t=t_2$  (i.e.,  $V_{DI} = \int_{t_1}^{t_2} V_{susp} dt$ ).

In other words, by fitting the stopper into the outlet, ESR was evaluated by inspecting interfacial location in the ACS. After then, by removing the stopper from the outlet, RBC deformability was quantified by monitoring interface location in the ACS.





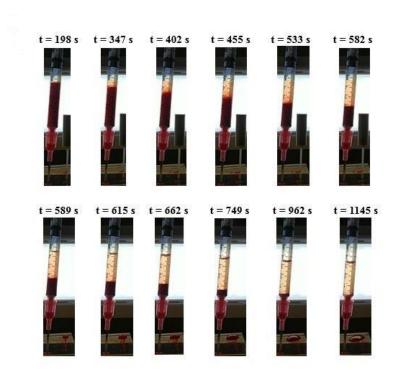


Figure 1-3 illustrated snapshot images captured at a specific time(t)

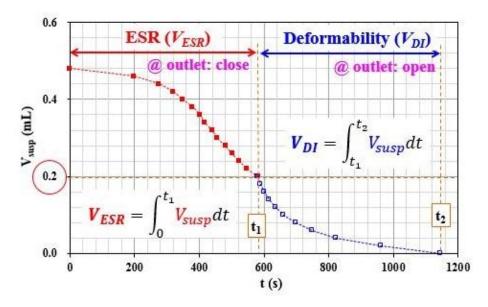


Figure 1-4 Quantification of ESR index ( $V_{\text{ESR}}$ ) and RBC deformability index ( $V_{\text{DI}}$ )





#### III. Results and discussion

## A. Effect of several factors on two indices $(V_{ESR}$ , and $V_{DI})$

It is required to evaluate the effect of several factors (i.e., air compression volume, pillar channel length, and hematocrit) on the two indices (i.e.,  $V_{\rm ESR}$ , and  $V_{\rm DI}$ ). Instead of autologous plasma, a specific concentration of dextran solution (i.e.,  $15 \, {\rm mg/mL}$ ) as base solution was employed for reducing the elapsed time of ESR test.

First, the effect of air compression on the  $V_{ESR}$  was evaluated quantitatively by varying air compression volume  $(V_{comp})$   $(V_{comp}=0)$ , and 0.4mL). Blood (Hct=30%) was prepared by adding normal RBCs into the specific dextran solution. As shown in Fig. 2-1(a), temporal variations of  $V_{susp}$  were obtained by varying  $V_{comp}$ . ESR index (i.e.,  $V_{ESR}$ ) was calculated from the temporal variations of  $V_{SUSP}$ . As shown in Figure 2-1(b), variation of the  $V_{ESR}$  was obtained with respect to  $V_{comp}$ . From the result, the air compression did not contribute to varying the ESR index significantly.





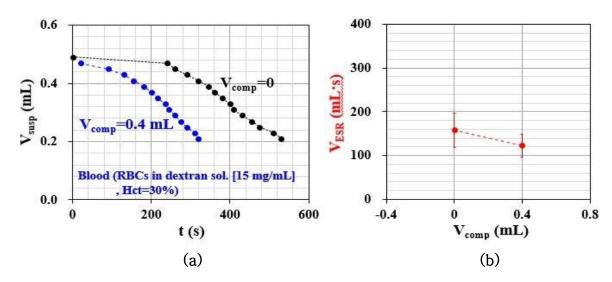


Figure 2-1 The effect of air compression on the  $V_{ESR.}$  (a) Temporal variations of Vsusp with respect to Vcomp=0, and 0.4 mL. (b) Variations of  $V_{ESR}$  with respect to Vcomp=0, and 0.4 mL.

Second, the effect of pillar channel length (L) on the  $V_{DI}$  was quantified by varying L=50, 150, and 250 $\mu$ m. Blood (Hct=30%) was prepared by adding normal RBCs into the specific dextran solution. Figure 2-2(a) showed temporal variations of  $V_{susp}$  with respect to L. According to the result, the shorter channel length, the elapsed time for  $V_{susp}$ =0 tended to decrease. Because fluidic resistance is proportional to channel length, the shorter length had higher value of flow rate at the same pressure drop. Thus, the pillar channel with L=50 $\mu$ m had the shorter elapsed time, when compared with longer lengths. Figure 2-2(b) showed variations of  $V_{DI}$  with respect to L. From the result, the channel length had an influence on  $V_{DI}$ . For consistent measurement of RBC deformability, the length of pillar channel was fixed as L=150 $\mu$ m through all experiments.





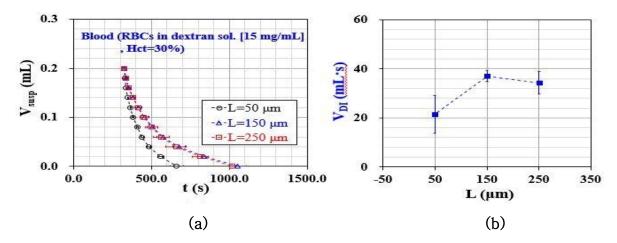


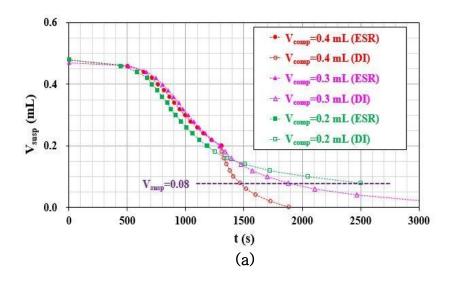
Figure 2-2 The effect of pillar-channel length (L) on the  $V_{DL}$  (a) Variations of  $V_{\text{susp}}$  with respect to L=50, 150, and 250  $\mu m$ . (b) Variations of  $V_{DL}$  with respect to  $V_{DL}$ .

Third, the effect of air compression on  $V_{\rm ESR}$  and  $V_{\rm DI}$  was quantified by varying air compression volume ( $V_{\rm comp}$ ) ( $V_{\rm comp}=0.2$ , 0.3, and 0.4mL). Blood (Hct=30%) was prepared by adding normal RBCs into the specific dextran solution. Figure 2-3(a) showed temporal variations of  $V_{\rm susp}$  with respect to  $V_{\rm comp}$ . The higher value of  $V_{\rm comp}=0.4$ mL reduced the elapsed time of  $V_{\rm susp}=0$  largely, when compared with the others. With respect to  $V_{\rm comp}=0.2$ mL,  $V_{\rm susp}$  reduced to 0.08mL approximately after time elapse of 2500s. Thus, when calculating  $V_{\rm DI}$  from the  $V_{\rm susp}$ ,  $t_2$  was evaluated as the elapsed time of  $V_{\rm susp}=0.08$ mL. Figure 2-3(b) showed variations of  $V_{\rm ESR}$  and  $V_{\rm DI}$  with respect to  $V_{\rm comp}=0.2$ , 0.3, and 0.4mL. From the results,  $V_{\rm ESR}$  remained constant without respect to  $V_{\rm comp}$ . In other words, the variation of air compression volume did not contribute to varying the ESR index. On the other hand, because the air compression volume caused to increase pressure developed in the ACS, it contributed to increasing blood flow rates. For this reason,  $V_{\rm DI}$ 





decreased largely by increasing  $V_{\text{comp}}$ . From the results, the  $V_{\text{comp}}$  contributed to varying  $V_{\text{DI}}$  significantly. But, it did not cause to change ESR index. In this study,  $V_{\text{comp}}$  was fixed as  $V_{\text{comp}}$ =0.4mL through all experiments.



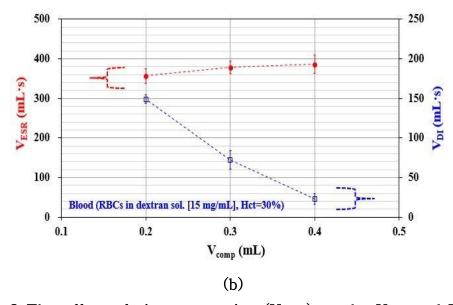
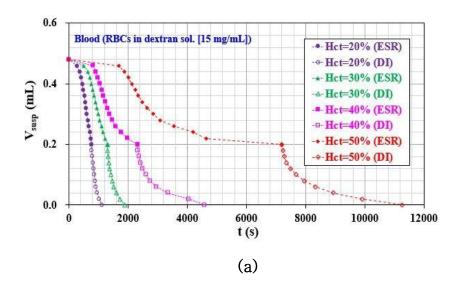


Figure 2-3 The effect of air compression  $(V_{comp})$  on the  $V_{ESR}$  and  $V_{DL}$  (a) Temporal variations of  $V_{susp}$  with respect to  $V_{comp}$ =0.2, 0.3, and 0.4 mL. (b) Variations of  $V_{ESR}$  and  $V_{DI}$  with respect to  $V_{comp}$ .

At last, the effect of hematocrit of V<sub>ESR</sub> and V<sub>DI</sub> was evaluated by varying the hematocrit level. Hematocrit of blood was adjusted to specific value (i.e., Hct=20%, 30%, 40%, and 50%) by adding normal RBCs into the specific dextran solution. Figure 2-4(a) showed temporal variations of V<sub>susp</sub> with respect to Hct. From the result, at the close of outlet (i.e., ESR measurement) the elapsed time of V<sub>susp</sub> decreased at lower hematocrit. At the open of outlet (i.e., DI measurement), the elapsed time of  $V_{\text{susp}}$ at lower hematocrit similarly. Figure 2-4(b)represented variations of V<sub>ESR</sub> and V<sub>DI</sub> with respect to hematocrit. According to the results, hematocrit contributed to varying V<sub>ESR</sub> and V<sub>DI</sub>. In other words, the higher level of hematocrit increased the measurement time of ESR and RBC deformability largely. To decrease experiment time of ESR and DI, it is more appropriate to set lower value of hematocrit. In this study, the level of hematocrit was fixed as Hct=30% through all experiments.







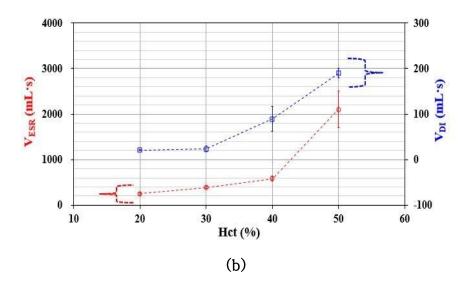


Figure 2-4 The effect of blood hematocrit of  $V_{ESR}$  and  $V_{DI}$ . (a) Temporal variations of  $V_{susp}$  with respect to Hct. (b) Variations of  $V_{ESR}$  and  $V_{DI}$  with respect to Hct.

## B. Quantitative measurement of $V_{ESR}$ and $V_{DI}$ for dextran-included bloods

The proposed method was employed to measure  $V_{\rm ESR}$  and  $V_{\rm DI}$  simultaneously. To stimulate ESR of bloods, various concentrations of dextran solution (i.e.,  $C_{\rm dex}$ =5, 10, 15, 20, and 25mg/mL) were prepared. Control (i.e.,  $C_{\rm dex}$ =0) indicates plasma as base solution. Each blood (Hct=30%) was prepared by adding normal RBCs into a specific concentration of dextran solution.

Figure 3(a) showed temporal variations of  $V_{susp}$  with respect to  $C_{dex}$ . In addition, the inset represented variations of  $V_{susp}$  with respect to  $C_{dex}$ =15 and 20mg/mL. From the results, the dextran solution contributed to





decrease the elapsed time of ESR largely. But, it did not have an influence on the elapsed time of RBC deformability. As shown in Fig. 3(b), variations of V<sub>ESR</sub> and VDI were obtained by varying the concentration of dextran From the results, The  $V_{\rm ESR}$ decreased largely concentration of dextran solution. Above C<sub>dex</sub>=15mg/mL, the V<sub>ESR</sub> remained constant. In other words, dextran solution caused to increase ESR index significantly. When compared with the previous results (33,45), the proposed method gave consistent variations with respect to the concentration of dextran solution. On the other hand, V<sub>DI</sub> remained constant without respect to  $C_{\text{dex}}$ . According to the previous measurement of viscoelasticity  $^{(59)}$ , blood viscoelasticity remained constant with respect to the concentration of dextran solution. By referring to the fact that blood viscoelasticity is strongly related with RBC deformability, the previous result indicated that RBC deformability remained constant within the specific concentration of dextran solution. Thus, the proposed method gave consistent results when compared with the previous result. From the experimental results, it was found that the proposed method has the ability to measure ESR with consistency.





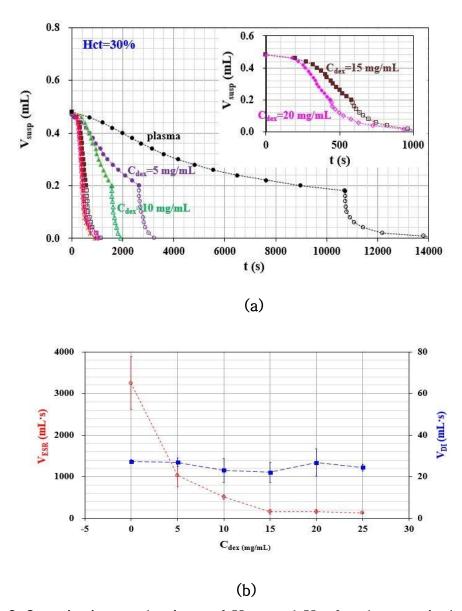


Figure 3 Quantitative evaluations of  $V_{ESR}$  and  $V_{DI}$  for dextran-included blood. (a) Temporal variations of  $V_{susp}$  with respect to  $C_{dex}$ . Insets represented temporal variations of  $V_{susp}$  with respect to  $C_{dex}=15$  and 20 mg/mL. (b) Variations of  $V_{ESR}$  and  $V_{DI}$  with respect to  $C_{dex}$ .



#### C. Variations of V<sub>ESR</sub> and V<sub>DI</sub> for heterogeneous bloods

As a performance demonstration, the proposed method was employed to detect heterogeneous bloods. The heterogeneous blood was prepared by mixing normal blood with hardened blood partially.

First, to decrease deformability of normal RBCs, normal RBCs were dipped them into specific concentration of glutaraldehyde (GA) solution ( $C_{GA}$ ) ( $C_{GA}$ =2, 4, 6, and  $8\mu L/mL$ ). The hardened blood (Hct=30%) was prepared by adding hardened RBCs into 1x PBS solution. As controls, normal RBCs were added into plasma and PBS solution, respectively. Because the hardened blood did not include plasma proteins, it did not contribute to inducing ESR. As show in Fig. 4(a), at the open of outlet (i.e., deformability measurement), the variations of  $V_{SUSP}$  were obtained by varying  $C_{GA}$ . From the results, the elapsed time of ESR tended to decrease at higher concentration of GA solution. With respect to  $C_{GA}$ =8 $\mu$ L/mL,  $V_{SUSP}$  remained constant over time. In other words, the hardened blood with  $C_{GA}$ =8 $\mu$ L/mL did not pass through the micropillar channels at all.

From the experimental results, hardened blood was prepared by adding RBCs fixed by GA solution ( $C_{GA}=8\mu L/mL$ ) into PBS solution (i.e.,  $V_{GA}$ ). In addition, to reduce the elapsed time of experiments, normal blood was prepared by adding normal RBCs into specific dextran solution (15mg/mL) rather than plasma. Using two bloods (i.e., normal blood and hardened blood), heterogeneous blood was then prepared by adding hardened blood into normal blood partially. Here, the mixing ratio ( $\phi$ ) was defined as

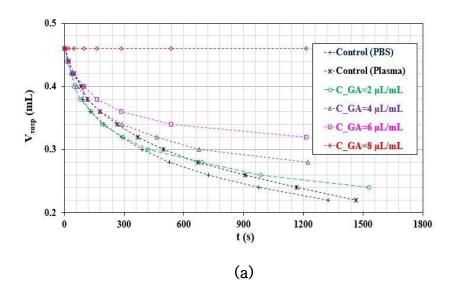




 $\phi = \frac{V_{GA}}{V_{dex} + V_{GA}}$ . As shown in **Fig. 4(b)**, temporal variations of  $V_{susp}$  were

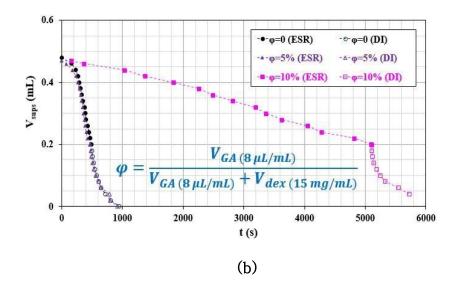
obtained by varying  $\phi$ =0, 5%, and 10%. Here,  $\phi$ =0 did not include hardened bloods. According to the result, the elapsed time of ESR increased largely at  $\phi$ =10%. But,  $\phi$ =0 and  $\phi$ =5% did not show difference in ESR. As shown in Fig. 4(c), variations of  $V_{ESR}$  and  $V_{DI}$  were obtained by varying  $\phi$ . Less than  $\phi$ =10%,  $V_{ESR}$  did not show significant difference with respect to  $\phi$ . Similarly,  $V_{DI}$  did show significant difference from  $\phi$ =10%. In other words, two indices  $V_{ESR}$  (ESR) and  $V_{DI}$  (RBC deformability) were varied significantly above  $\phi$ =10%.

From the results, it leads to the conclusion that the proposed method has the ability to detect heterogeneous blood with at least 10% hardened blood. In addition, two indices (i.e.,  $V_{ESR}$  and  $V_{DI}$ ) were employed to quantify the degree of ESR and RBC deformability effectively.









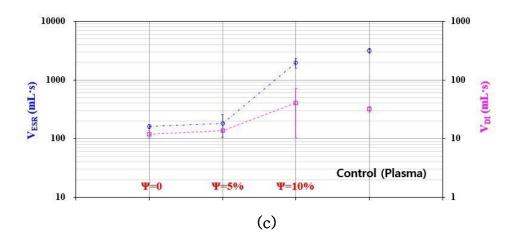


Figure 4 Simultaneous measurement of  $V_{ESR}$  and  $V_{DI}$  for heterogeneous bloods. (a) Variations of  $V_{susp}$  with respect to specific concentration of glutaraldehyde (GA) solution ( $C_{GA}$ =2, 4, 6, and 8µL/mL). (b) Temporal variations of  $V_{susp}$  with respect to mixing ratio ( $\Phi$ =0, 5, and 10%). (c) Variations of  $V_{ESR}$  and  $V_{DI}$  with respect to  $\Phi$ .



#### IV. Conclusion

In this study, a simple method for sequential measurement of ESR and demonstrated by quantifying the deformability was volume suspended blood in the ACS. To demonstrate the proposed method, a microfluidic device was composed of multiple micropillar channels, inlet, and outlet. The ACS was composed of a disposable syringe and a fixture. The ACS was partially filled with air (~0.4mL) and blood (~0.6mL) sequentially. By closing the outlet with a stopper, the needle of the ACS was tightly fitted into the inlet. Using the fixture, the volume of air compression was adjusted to 0.4mL (i.e., V<sub>comp</sub>=0.4mL). Using smartphone camera, snapshot images were sequentially captured to monitor the volume of suspended blood inside the ACS (i.e., V<sub>susp</sub>). At the close of the outlet, the variations of V<sub>susp</sub> were obtained until V<sub>susp</sub> decreased to V<sub>susp</sub>=0.2mL. ESR index (i.e., V<sub>ESR</sub>) was obtained by quantifying the variations of V<sub>susp</sub> over time. At the open of the outlet, the variations of  $V_{susp}$  were obtained until  $V_{susp}$ decreased to V<sub>susp</sub>=0. RBC deformability index (V<sub>DI</sub>) was obtained by analyzing variations of V<sub>susp</sub> over time.

From the experimental demonstrations, the following results were obtained as,

The effect of pillar channel length (L) on the  $V_{DI}$  was quantified by varying L=50, 150, and 250 $\mu$ m. At the close of the outlet (i.e., RBC deformability), the shorter length of micropillar (L=50 $\mu$ m) reduced the





elapsed time for decreasing  $V_{\text{susp}}$  from  $V_{\text{susp}}$ =0.2mL to  $V_{\text{susp}}$ =0. The  $V_{\text{DI}}$  did not show significant difference with respect to L=150 and 250 $\mu$ m. From the results, the length of pillar channel was fixed as L=150 $\mu$ m through all experiments.

- The effect of air compression on  $V_{ESR}$  and  $V_{DI}$  was quantified by varying air compression volume  $(V_{comp})$   $(V_{comp}=0.2, 0.3, \text{ and } 0.4\text{mL})$ . The  $V_{comp}$  contributed to varying  $V_{DI}$  significantly. But, it did not cause to alter ESR index. Thus, the volume of air compression  $(V_{comp})$  was fixed as  $V_{comp}=0.4\text{mL}$  through all experiments.
- The effect of hematocrit of  $V_{ESR}$  and  $V_{DI}$  was evaluated by varying the hematocrit level (Hct) (Hct =20%, 30%, 40%, and 50). The higher level of hematocrit increased measurement time of ESR and RBC deformability significantly.
- The proposed method was employed to measure  $V_{ESR}$  and  $V_{DI}$  for dextran-included bloods. The dextran solution contributed to decrease the elapsed time of ESR largely. But, it did not have an influence on the elapsed time of RBC deformability. When compared with the previous studies, the proposed method gave consistent results.
- As a performance demonstration, the proposed method was employed to detect heterogeneous bloods. The heterogeneous blood was prepared





by mixing normal blood with hardened blood partially. Less than mixing ratio of  $\Phi=10\%$ ,  $V_{ESR}$  did not show significant difference with respect to  $\Phi$ . Similarly,  $V_{DI}$  did show significant difference from  $\Phi=10\%$ . In other words, two indices  $V_{ESR}$  (ESR) and  $V_{DI}$  (RBC deformability) were varied significantly above  $\Phi=10\%$ .

From the results, it leads to the conclusion that the proposed method has the ability to detect heterogeneous blood with at least 10% hardened blood. In addition, two indices (i.e.,  $V_{ESR}$  and  $V_{DI}$ ) were employed to quantify ESR and RBC deformability effectively. However, the proposed method did not apply for clinical tests. As a future work, it will be required to verify the performance of the proposed methods for clinical samples such as cardiovascular diseases or malaria-infected bloods. Furthermore, through various experimental results, it will be required to understand distinctive trends of ESR and RBC deformability depending on various diseases.





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### Supplementary Materials

Fig. S1

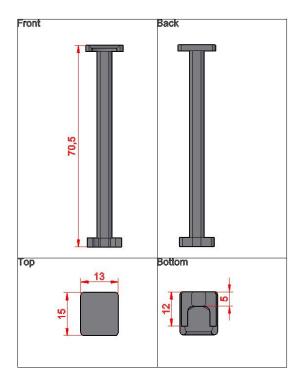
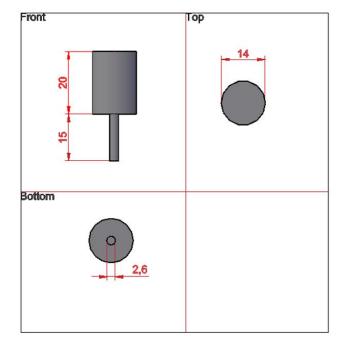




Fig. S2



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